



PROFESSIONAL GOLF EQUIPMENT AT DOWN TO EARTH PRICES

# *Selecting the Correct Type of Grip and Grip Size*

with Jeff Summitt  
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2-3PM Eastern Standard Time

Audio settings are set on listen only.  
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Question & Answer period will be at end of webinar.

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# Selecting the Right Type of Grip and Grip Size

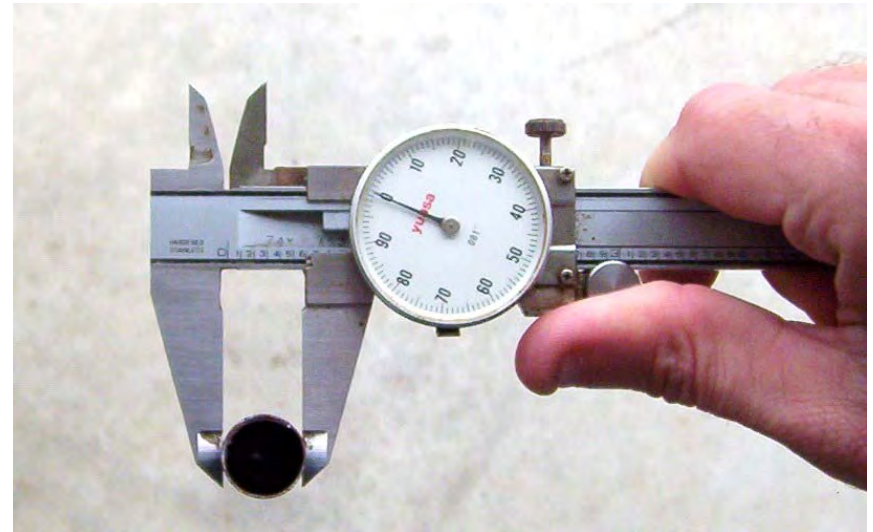
## Webinar Synopsis

- What you need to know before you buy your grips?
- What are the differences between different style grips?
- What are the differences gripping terminology you should be aware of?
- What and why different grip sizes in the first place?

# Measure or Look up the Butt End of Shaft

Grips are bought based upon the butt size of the shaft. A few ways to determine what you need are:

- Measure the shaft with calipers
- Look up the specifications in a catalog or on website, or
- Look at core size molded in the inside of the grip



<b>USTMP5</b> Available WL, WA, WR, WS	<b>USTMP6</b> Available L, IA, IR, IS	<b>UST65G</b> Available WA, WR, WS	<b>Transitional Iron USTIRI</b> Available IR, IS	<b>Transitional Hybrid USTIRHYB</b> Available IR, IS
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**MP5 / MP6** The Micro-Lite shafts add extreme power, feel, and control to your game. 38 Micro-Ply layers improve feel without sacrificing p 65 GOLD is a new light weight shaft designed quite simply - to hit the ball farther with greater accuracy. The very same, advanced, high mod the original Proforce models are used in the 65 GOLD. We believe this shaft offers the best value in the industry for a true high performance c "transition" iron/hybrid series. Iron shafts are intended for use in 5-W, while hybrids are designed for longer 3 & 4 irons/hybrids. **Competition** color scheme, the lighter weight combo design of the Competition 65 Series provides the ultimate club building flexibility and helps maximize perfect fit.

Description	Model #	Shaft Type	Flex	Weight	Torque	Butt Size	Tip Size	Length	T
UST MP5 Wood - L	USTMP5-001-WL	Wood	L	50 g	4.6°	0.610"	0.335"	46"	
UST MP5 Wood - A	USTMP5-001-WA	Wood	A	50 g	4.0°	0.610"	0.335"	46"	
UST MP5 Wood - R	USTMP5-001-WR	Wood	R	51 g	3.7°	0.615"	0.335"	46"	
UST MP5 Wood - S	USTMP5-001-WS	Wood	S	52 g	3.6°	0.615"	0.335"	46"	
UST MP6 Iron - L	USTMP6-001-IL	Iron	L	54 g	4.5°	0.578"	0.370"	39"	
UST MP6 Iron - A	USTMP6-001-IA	Iron	A	66 g	4.3°	0.596"	0.370"	41"	
UST MP6 Iron - R	USTMP6-001-IR	Iron	R	69 g	4.3°	0.599"	0.370"	41"	
UST MP6 Iron - S	USTMP6-001-IS	Iron	S	72 g	4.3°	0.600"	0.370"	41"	
UST 65 Gold Wood - A	UST65G-001-WA	Wood	A	59 g	4°	0.595"	0.335"	46"	
UST 65 Gold Wood - R	UST65G-001-WR	Wood	R	62 g	3.9°	0.600"	0.335"	46"	
UST 65 Gold Wood - S	UST65G-001-WS	Wood	S	62 g	3.9°	0.600"	0.335"	46"	
UST ROD Transitional Iron - R	USTIRI-001-IR	Iron	R	74 g	3.9°	0.598"	0.370"	39"	
UST ROD Transitional Iron - S	USTIRI-001-IS	Iron	S	77 g	3.8°	0.598"	0.370"	39"	

# Rubber or Rubber Composition Grips

- Economical and easy to install
- Available in a wide ranges of core sizes
- Easily stretched over various butt diameters for custom sizing
- Available in all types of colors
- Available in ranges of textures
- Available in degrees of firmness



# Cord Grips

- Improved traction
- Very long lasting
- They do not stretch like a regular rubber composition grip
- More expensive initially than rubber grips



# Synthetic Over-Wrap Grips

- The softest grips available
- Shorter life span
- About double the cost of standard rubber grips or what premium cord grips will range
- Available in a multitude of colors and textures
- Limited stretching (if any) requiring grips to be sold by size
- Slightly more difficult to install



# Hybrid Grips

- Generally softer outer surfaces for feel or traction and firmer base for torsion control
- Secondary layer can cover the entire grip or selected areas
- More expensive than standard rubber because they are dual-molded
- Surfaces may be specially treated to reduce slippage



# Air Cushioned Grips

- Vibration dampening to reduce shock
- Internal variegations or ribs “trap” air between the shaft and grip, thus the air cushioned description



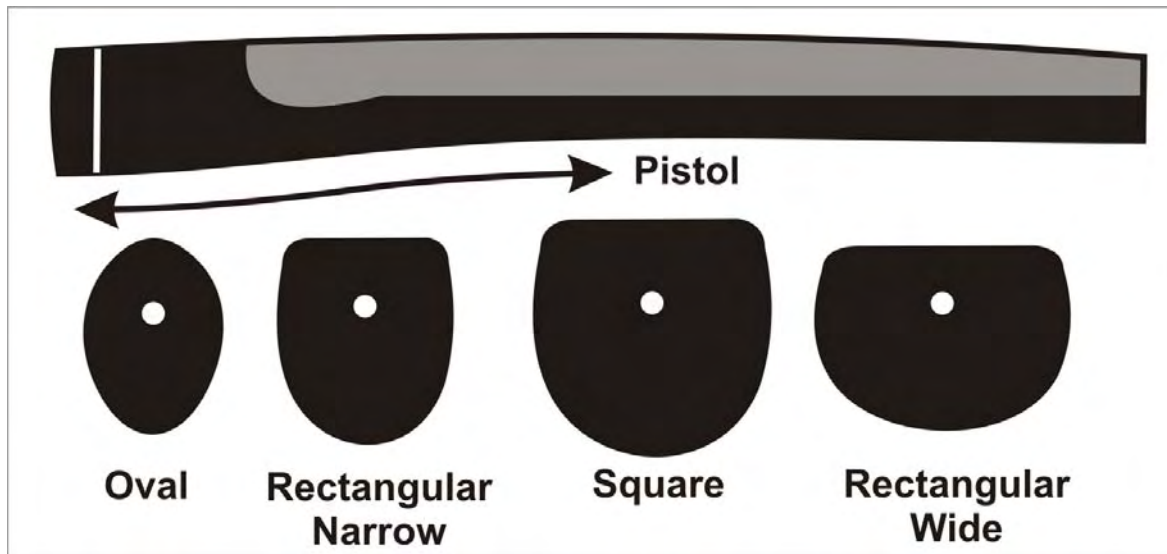
# Leather Grips

- Limited availability
- The most expensive of the grip types available today
- Multi-piece construction, with traditional installation much more time consuming
- Excellent for warm or humid conditions



# Putter Grips

- Designed specifically for a putter and no other clubs, including chippers
- Available in any material mentioned previously
- Most varied assortment of colors, sizes and weights
- Models are also selected by their shape(s)



# Training Grips

- Designed specifically as a training aid
- Molded grip to conform to hands and position them correctly on clubs for the purpose of teaching or proper placement
- Does not conform to the Rules of Golf



# Ribbed Grips

- Also known as reminder rib to assist in hand placement
- It is a noticeable raised ridge along the back side of the grip
- Limited number of options available today
- Requires accurate installation
- Peak through the opening on a new grip, inspect an older or check the code inside the mouth to tell ribbed or round



# Grip Size Selection Process (Demos)

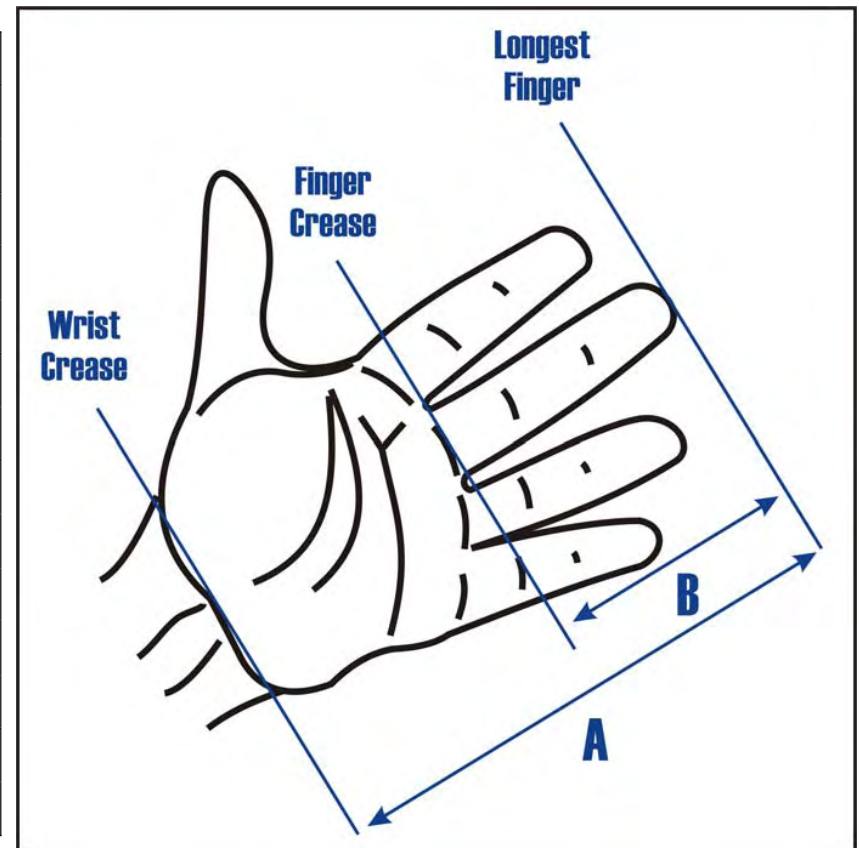
- Consumers - actually hold various “demo” grips to get a feel to which one is the most comfortable or let your sense of feel guide you
- Club fitters -Offer not only various styles, but also some different sizes and others including a ribbed and even a reduced tapered version
- Have the “demo” grips well labeled and change when worn



# Grip Size Selection Process (Hand Sizing Chart)

- “A” Length = Hand Length
- “B” Length = Longest Finger

Grip Size	2" from Cap	A	B
Ladies -1/32"	0.819"	6.29	2.67
Ladies -1/64"	0.834"	6.56	2.79
Ladies Standard	0.850"	6.85	2.91
Ladies +1/64"	0.866"	7.14	3.04
Men's -1/32"	0.869"	7.20	3.06
Ladies +1/32"	0.881"	7.41	3.15
Men's -1/64"	0.884"	7.47	3.17
Men's Standard	0.900"	7.76	3.30
Men's +1/64"	0.916"	8.05	3.42
Men's +1/32"	0.931"	8.32	3.54
Men's +3/64"	0.947"	8.61	3.66
Men's +1/16"	0.962"	8.89	3.78
Men's +3/32"	0.998"	9.54	4.05
Men's +1/8"	1.025"	10.03	4.26

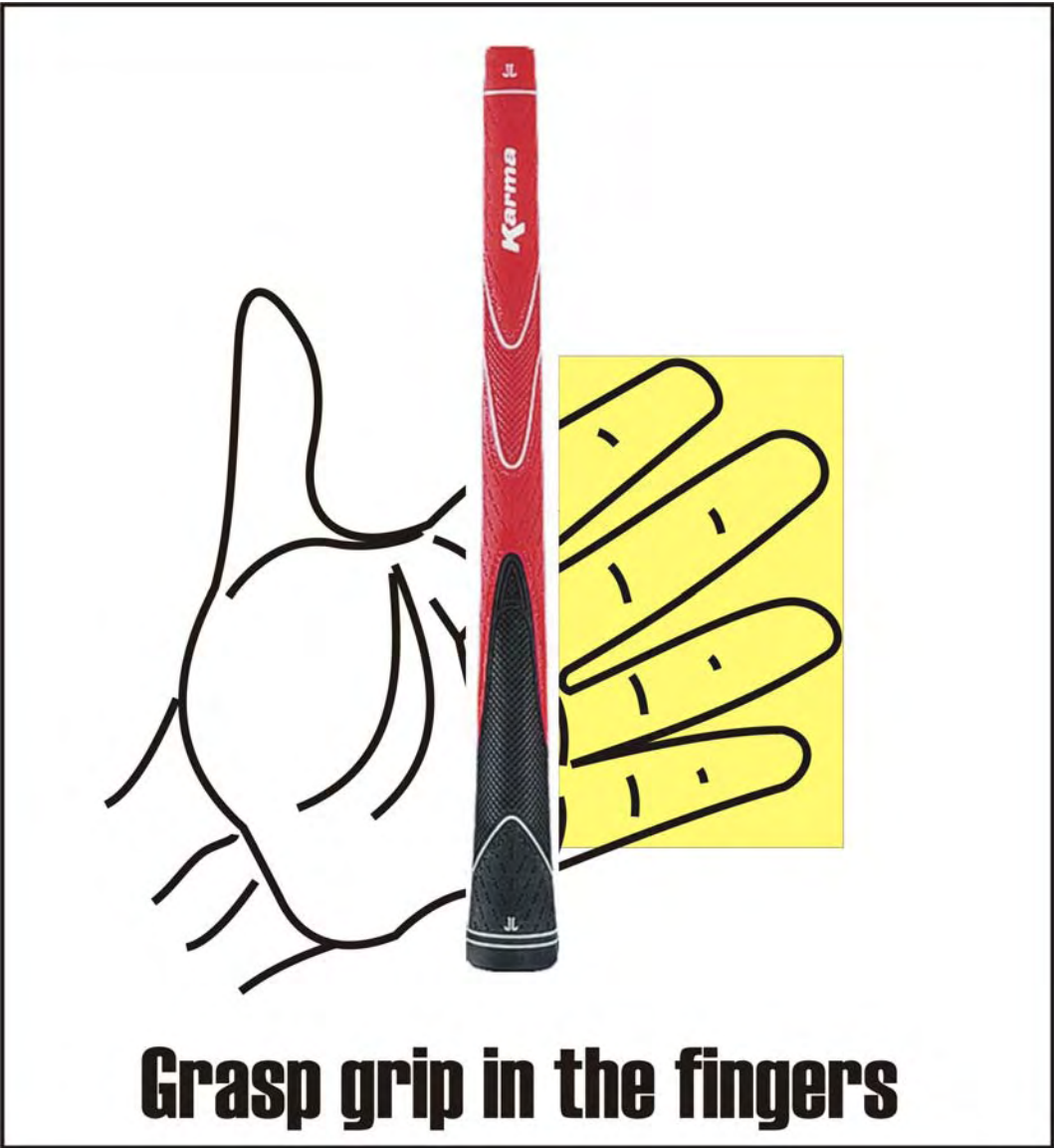


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# Classic Hand Position



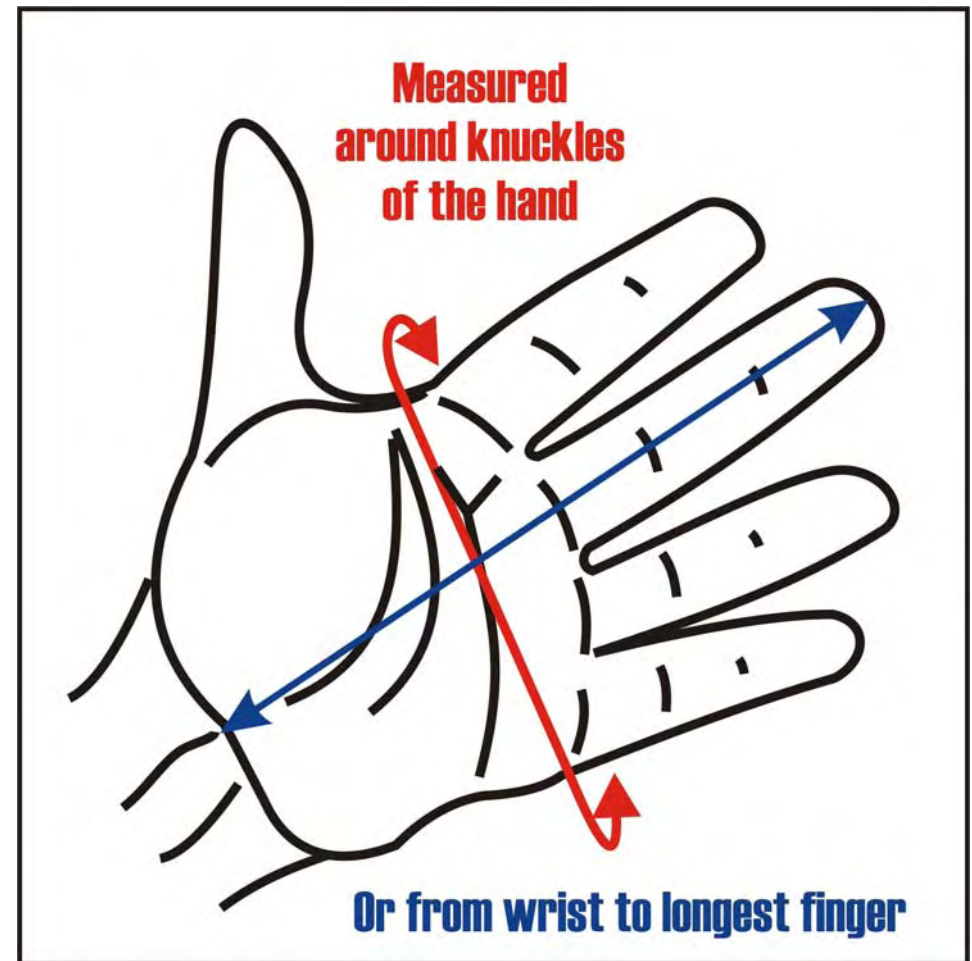
# Palm Position



# Grip Size Selection Process (Glove Sizing)

- Lack of standards to accurately give a cross reference
- Least effective of the three methods to fit for grip size

Glove Size	Grip Size
Ladies Small	Ladies -1/64"
Ladies Standard	Ladies Standard
Ladies Medium Large	Ladies +1/64"
Ladies Large	Ladies +1/32"
Men's X Small	Men's -1/32"
Men's Small	Men's -1/64"
Men's Medium	Men's Standard
Men's Medium Large	Men's +1/64"
Men's Large	Men's +1/32"
Men's XL	Men's +1/16"
Men's 2XL	Men's +3/32" & up



\*Use this chart only as a very general guideline

# Putter Grip Notes

- No mention of size, assume it is a “standard” sized putter grip
- Take a look at the weight and material as it may help indicate size
- Larger grip size can take some of the “wristiness” out of the stroke
- Larger grips will often times counterbalance the putter, thus be aware not only of the grip’s weight but the putter head weight too
- Do be afraid to experiment with different sizes and shapes as you may be pleasantly surprised by the results



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A taped copy of the webinar will be available on  
Youtube.com/hirekogolf and  
Blog.hirekogolf.com

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